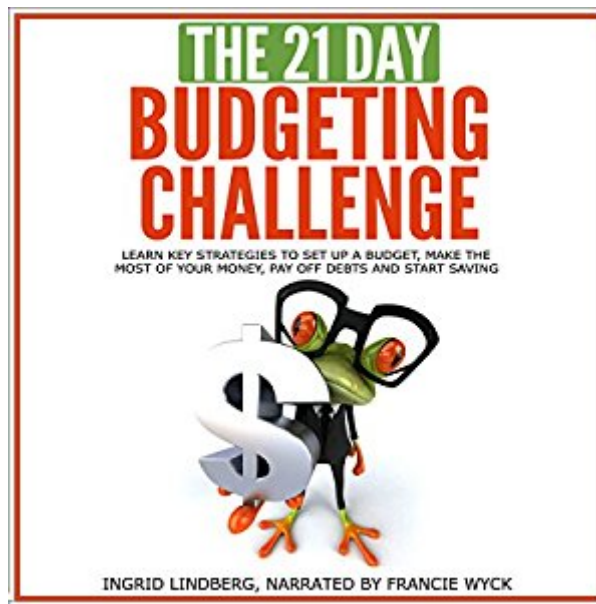


The book was found

# The 21-Day Budgeting Challenge: Learn Key Strategies To Set Up A Budget, Make The Most Of Your Money



## Synopsis

Are you tired of having your money seemingly disappear from your pocket? Of fighting debt? Of having the feeling that no matter how much you work, you'll never have enough money to buy what you really want? Are you ready to take action, to take responsibility over your earnings and expenses with a simple, yet smart and efficient budget plan and finally accomplish your financial goals? Maybe you're thinking that the only thing worse than budgeting is listening to a book about budgeting. And you may be right. But with this book, my hope is that I can change your mind. My hope is that by following this challenge, you will feel more in control of your spending habits, have clearer and more meaningful financial goals and, most importantly, have a little fun while doing it! In this book, we'll look at ways to uncover your own personal psychology behind money, as well as practical methods to make and reach finance goals. From saving pennies here and there by cutting out mindless spending to rethinking your approach to saving entirely, we'll tackle your money issues the simple way: day by day. We'll consider realistic ways to save money, but also look in-depth at what it really means to live a minimalist life and what the true value of the items in our lives actually is. The 21-Day Budgeting Challenge will help you to: Identify your "money personality" Set up a realistic budget that works for you Get out of debt Understand minimalism and how it compares to consumerism Incorporate practical and fun tips to save money you might not have thought of before And much more!

## Book Information

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## Customer Reviews

The book begins the first 7 days where you actually identify and accept your money spending

ways. This is probably the hardest part for most people as they don't want to see that they're the problem and the actual budgeting doesn't even begin until day 8! Learn about concepts such as minimalism and actionable budgeting techniques such as Cash diets among 21 other valuable strategies. Each day builds upon the previous and it's written in a Fun, easy way that makes budgeting enjoyable.

Sticking to a budget has in the past been one of the hardest thing for me to do. I guess I'm not the only one having a hard time sticking to a budget. At first I was a bit uneasy with reading a book about this nemesis subject, but I took the bull by it's horns and started. Now, I'm soo glad that I did that. The 21-day Budgeting Challenge has really rebooted my brain when it comes to budgeting. I love this book and would recommend it to everyone that ever had a hard time with budgeting. This book is also great for the family economy in whole.

I really love this 21-day format for money management. I am not a total slob when it comes to finances but I think a structured approach like this will help me to cover all of my bases. I don't believe the writer left any stones unturned in dealing with the different areas of budgeting, frugal living, saving, investing and smart shopping. This is perfect for the college graduate earning his first paycheck and equally perfect for the retiree who suddenly has to learn how to live on an adjusted income. Highly recommended.

This book is the best book on budgeting I've read so far! Besides giving great advices to reduce monthly expenses, it made budgeting less stressful and more meaningful to me. The tips I've learn from The 21 Day Budgeting Challenge book were very helpful in keeping by budget within realistic limits. Also, after reading this book I've got a feeling that the author does know the challenges that people in debt are going through (not only financial, but also psychological). This made me trust the given advices even more. A great book!

We all know that budgeting is a necessity but is no fun. This book breaks it down nicely and gives some great advice on budgeting. I am all about money management and seeing people being educated on how to manage their money. I really enjoyed reading this book and seeing the great information that is provided. Do yourself a favor and take the 21 day budgeting challenge.

I think this is like my 3rd challenge book, I love it. I'd say this was my favorite one. As I said in

another review of one these books, its great to have pacer with each day being outlined for you. I'd definitely recommend this series. Its easy to consume, and fun to read.

First 7 days are looking at your spending habits and I know for me that was a bit hard. I knew we ate out, but not THAT much!!! It really helped put into perspective our spending habits and where we can cut and spend less. Very good book with a lot of good advise.

This is an excellent, step-by-step guide to a difficult subject for many people. Its well organized and well-written as well, and it covers many of the areas that turn into pitfalls for many people. If you're having money and/or budget issues and you're looking for a good place to start to tackle them and get results quickly, this is an excellent choice!

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